

Dear TRICARE Beneficiary,

We are writing to inform you of a recent change to the Department of Defense (DoD) Uniform Formulary. On October 24, 2008, the Director, TRICARE Management Activity approved recommendations of the DoD Pharmacy & Therapeutics (P&T) Committee for the Antidepressant and Calcium Channel Blocker drug classes. The DoD P&T Committee selected the most clinically effective and cost effective agents for inclusion on the formulary and designated other agents as non-formulary (Tier 3).

Your medication history indicates that you are taking at least one of the non-formulary (Tier 3) medications Pristiq or Sular Geomatrix. A table of the non-formulary drugs and alternatives is listed in the table on the next page. Non-formulary (Tier 3) medications remain available to you, but at a higher co-pay of \$22 (unless you are on Active Duty). TRICARE will not cover a non-formulary medication for Active Duty Service members unless it is determined to be medically necessary instead of a formulary medication, in which case it will be available to Active Duty Service members at no cost share. **We encourage you to talk to your health care provider about using one of the formulary agents listed in the table on the next page.**

Would you like to save even more money? TRICARE Mail Order Pharmacy (TMOP) Home Delivery offers you three months supply for the cost of one month supply at a retail pharmacy. Using TMOP also lowers costs for DoD and helps sustain your benefit. It's easier than ever to enroll and switch from a retail pharmacy to the TMOP! Just call the Member Choice Center at 1-877-363-1433 or use the online conversion tool at www.express-scripts.com/TRICARE and your eligible prescriptions will be delivered right to your home.

Sincerely,

Elder Granger
Major General, MC, USA
Deputy Director

List of Formulary Alternatives for Non-formulary Medications

Co-pays Changes Effective January 7, 2009

Non-Formulary (Tier 3) Medications	Formulary Alternatives
Antidepressant	
Co-pay = \$22 Pristiq (desvenlafaxine)	Co-pay = \$3 Celexa (citalopram) Desyrel (trazodone) Effexor (venlafaxine immediate release) Paxil (paroxetine hydrochloride) Luvox (fluvoxamine) Prozac (fluoxetine) Remeron (mirtazapine) Serzone (nefazodone) Wellbutrin SR (bupropion sustained release) Zoloft (sertraline) Co-pay = \$9 Paroxetine mesylate (Pexeva) Effexor XR (venlafaxine extended release)
Calcium Channel Blockers (dihydropyridine)	
Co-pay = \$22 Sular geomatrix (nisoldipine geomatrix)	Co-pay = \$3 Norvasc (amlodipine) Plendil (felodipine) Adalat CC & Procardia XL (nifedipine extended release) (Sular (nisoldipine coat core)