



TRICARE
MANAGEMENT
ACTIVITY

OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE

HEALTH AFFAIRS

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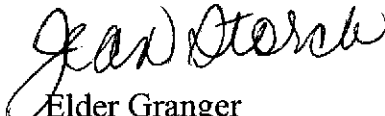
Dear TRICARE Beneficiary,

We are writing to inform you of a recent change to the Department of Defense (DoD) Uniform Formulary. On August 27, 2008, the Director, TRICARE Management Activity approved recommendations of the DoD Pharmacy & Therapeutics (P&T) Committee for the following drug classes: adrenergic beta blockers, leukotriene modifiers, newer antihistamines, renin angiotensin antihypertensive agents, osteoporosis agents, and antilipidemic-2 agents. The DoD P&T Committee selected the most clinically effective and cost effective agents for inclusion on the formulary and designated other agents as non-formulary (Tier 3).

Your medication history indicates that you are taking at least one of the non-formulary (Tier 3) medications listed in the enclosure. Non-formulary (Tier 3) medications remain available to you, but at a higher co-pay of \$22 (unless you are on active duty). TRICARE will not cover a non-formulary medication for active duty Service members unless it is determined to be medically necessary instead of a formulary medication, in which case it will be available to active duty Service members at no cost share. We encourage you to talk to your health care provider about using one of the formulary agents.

Would you like to save even more money? TRICARE Mail Order Pharmacy (TMOP) Home Delivery offers you three months supply for the cost of one month supply at a retail pharmacy. Using TMOP also lowers costs for DoD and helps sustain your benefit. It's easier than ever to enroll and switch from a retail pharmacy to the TMOP! Just call the Member Choice Center at 1-877-363-1433 or use the on-line conversion tool at www.express-scripts.com/TRICARE and your eligible prescriptions will be delivered right to your home.

Sincerely,


Elder Granger
Major General, MC, USA
Deputy Director

Enclosure:
As stated

List of Formulary Alternatives for Non-formulary Medications

Co-pays Changes Effective November 26, 2008

Non-Formulary (Tier 3) Medications	Formulary Alternatives
Adrenergic Beta Blockers	
Co-pay = \$22 Bystolic (nebivolol)	Co-pay = \$3 Tenormin (atenolol); Tenoretic (atenolol/chlorthalidone) Coreg (carvedilol immediate release) Lopressor (metoprolol tartrate); Lopressor HCT (metoprolol/HCTZ) Toprol XL (metoprolol succinate) Sectral (acebutolol) Kerlone (betaxolol) Zebeta (bisoprolol); Ziac (bisoprolol/HCTZ) Trandate (labetalol) Corgard (nadolol); Corzide (nadolol/bendroflumethiazide) Levatol (penbutolol) Visken (pindolol) Inderal (propranolol), Inderal LA (propranolol ER); Inderide (propranolol/HCTZ) Blocadren (timolol) Betapace (sotalol), Betapace AF (sotalol for atrial fibrillation) Co-pay = \$9 Coreg CR (carvedilol extended release)
Leukotriene Modifiers	
Co-pay = \$22 Zylflo CR (zileuton extended release)	Co-pay = \$9 Singulair (montelukast) Accolate (zafirlukast)
Newer Antihistamines	
Co-pay = \$22 Xyzal (levocetirizine)	Co-pay = \$3 Allegra (fexofenadine) Co-pay = \$9 Allegra D (fexofenadine/pseudoephedrine)
Renin Angiotensin Antihypertensive Agents	
Co-pay = \$22 Azor (olmesartan / amlodipine)	Co-pay = \$3 Lotrel (amlodipine/benazepril) Co-pay = \$3 plus \$9 (\$3 co-pay) Amlodipine with the following (requires 2 prescriptions): (\$9 co-pay) Micardis (telmisartan) (\$9 co-pay) Cozaar (losartan) (\$9 co-pay) Atacand (candesartan)
Osteoporosis Agents	
Co-pay = \$22 Miacalcin nasal spray (calcitonin-salmon)	Co-pay = \$9 Fortical (recombinant calcitonin salmon)
Special note for Triglide users	
Antilipidemic-2 Agents	
Triglide (fenofibrate insoluble drug delivery microparticle) co-pay increased from \$3 to \$9	Co-pay = \$3 Fenoglide (fenofibrate melfdose) Lipid (gemfibrozil) Lofibra (fenofibrate micronized; fenofibrate non-micronized) Co-pay = \$9 Triglide (fenofibrate insoluble drug delivery microparticle)