



OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE  
HEALTH AFFAIRS  
SKYLINE FIVE, SUITE 810, 5111 LEESBURG PIKE  
FALLS CHURCH, VIRGINIA 22041-3206

TRICARE  
MANAGEMENT  
ACTIVITY

October 2009

Dear TRICARE Beneficiary,

I am writing to inform you of recent changes to the Department of Defense (DoD) TRICARE Pharmacy Program Uniform Formulary. On August 19th, 2009, the Director, TRICARE Management Activity approved recommendations from the DoD Pharmacy & Therapeutics (P&T) Committee for recently FDA approved drugs in several categories. The DoD P&T Committee selected the most clinically effective and cost effective medications for inclusion on the Uniform formulary (Tier 1 & Tier 2) and designated other products as non-formulary (Tier 3).

Your medication history indicates that you are using or have used at least one of the non-formulary medications recently. For a more cost-effective treatment option, I encourage you to talk to your health care provider about using one of the formulary medications listed in the table on the enclosed page titled "List of Formulary Alternatives for Non-formulary Medications". Non-formulary medications remain available to beneficiaries at a \$22 co-pay for up to a 30 day supply at a Retail pharmacy or 90 day supply at the TRICARE Mail Order Pharmacy (TMOP). TMOP is the most cost effective way to obtain non-formulary medications. The non-formulary co-pay may be reduced if 'medical necessity' can be established by your physician. For more information on 'medical necessity', please go to [www.tricare.mil/mybenefit/home/Prescriptions/Medications/Non-FormularyMedications](http://www.tricare.mil/mybenefit/home/Prescriptions/Medications/Non-FormularyMedications).

For questions, call TMOP customer service at 1-866-363-8667 or call TRICARE Retail Pharmacy customer service at 1-866-363-8779. For assistance in converting a prescription to Mail Order, call the Member Choice Center at 1-877-363-1433 or use the on-line conversion tool at [www.express-scripts.com/TRICARE](http://www.express-scripts.com/TRICARE). We at TRICARE are proud to serve our nation's military heroes and their families and are committed to providing them the best possible health care.

Sincerely,

A handwritten signature in black ink, appearing to read "C. S. Hunter".

C. S. Hunter  
RADM, MC, USN  
Deputy Director

over

## List of Formulary Alternatives for Non-formulary Medications

**Co-pay Changes Effective October 28<sup>th</sup>, 2009**

Non-Formulary (Tier 3) Medications	Formulary Medications (Tier 1 & Tier 2)
<b>Antilipidemic Agents (Trilipix)</b>	
Co-pay = \$22 Trilipix (fenofibric Acid) - capsule	Co-pay = \$3 Fenoglide (fenofibrate) - tablet Fenofibrate (generics) – capsule / tablet Gemfibrozil (generics) - tablet  Co-pay = \$9 Niaspan (niacin extended release) - tablet
<b>Overactive Bladder Drugs</b>	
Co-pay = \$22 Toviaz (fesoterodine) - tablet	Co-pay = \$3 Oxybutynin Chloride (generics) – tablet / syrup  Co-pay = \$9 Detrol LA (tolterodine) - capsule Ditropan XL (oxybutynin sustained release) - syrup Oxytrol (oxybutynin) - patch Enablex (darifenacin) - tablet Vesicare (solfenacin) - tablet
<b>Nasal Allergy Drugs</b>	
Co-pay = \$22 Astepro (azelastine with sucrose) - spray	Co-pay = \$3 Flunisolide (generics) - spray Fluticasone propionate (generics) - spray Ipratropium Bromide (generics) - spray  Co-pay = \$9 Astelin (azelastine) – spray/pump Nasonex (mometasone) – spray/pump Flonase (fluticasone) - spray
<b>Proton Pump Inhibitors</b>	
Co-pay = \$22 Kapidex (dexlansoprazole) - capsule	Co-pay = \$3 Omeprazole (generics) - capsule Nexium (esomeprazole) - capsule
<b>Antiemetics</b>	
Co-pay = \$22 Sancuso (granisetron) – patch	Co-pay = \$3 Ondansetron HCL (generics) - tablet  Co-pay = \$9 Kytril (granisetron) - tablet

Has your permanent address changed?

If so, please contact DEERS at 1-800-538-9552 or at [www.tricare.mil/deers](http://www.tricare.mil/deers)