



EXPRESS SCRIPTS®



March 2008

Dear TRICARE Beneficiary,

You are receiving this letter to inform you of a recent change to the Department of Defense (DoD) TRICARE Uniform Formulary. On February 13, 2008, the Director, TRICARE Management Activity, approved recommendations of the DoD Pharmacy and Therapeutics (P&T) Committee for the following drug classes: Alpha blockers, attention deficit hyperactivity disorder, contraceptives, and renin angiotensin antihypertensive agents.

The DoD P&T Committee selected the most clinically effective and cost-effective agents for inclusion on the formulary and designated other agents as non-formulary (Tier 3). Your medication history indicates that you are taking at least one of the non-formulary (Tier 3) medications listed below.

Co-pays Changes Effective April 16, 2008

Non-Formulary (Tier 3) Medications	Formulary Alternatives
Alpha Blockers for Benign Prostatic Hypertrophy	
<i>Copay = \$22</i> Flomax (tamsulosin)	<i>Copay = \$3</i> Cardura (doxazosin) Hytrin (terazosin) <i>Copay = \$9</i> Uroxatral (alfuzosin) Cardura XL extended release (doxazosin)
Attention Deficit Hyperactivity Disorder Agents	
<i>Copay = \$22</i> Vyvanse (lisdexamfetamine)	<i>Copay = \$9</i> Once daily methylphenidate formulations Concerta Ritalin LA Metadate CD Mixed amphetamine salts extended release Adderall XR

(over)

Contraceptives	
<i>Copay = \$22</i> Lybrel (ethinyl estradiol 0.02 mg / levonorgestrel 0.09 mg)	<i>Copay = \$3</i> Aviane, Lutera, Sroynx (ethinyl estradiol 0.02 mg with 0.1 mg levonorgestrel) Junel 1/20, Junel Fe 1/20, Microgestin 1/20, Microgestin Fe 1/20 (Ethinyl estradiol 0.02 mg with 1 mg norethindrone)
Contraceptives (Cont'd)	
	<i>Copay = \$9</i> Loestrin 1/20, Loestrin Fe 1/20 (ethinyl estradiol 0.02 mg with 1 mg norethindrone) Yaz (ethinyl estradiol 0.02 mg with 3 mg drospirinone)
Renin Angiotensin Antihypertensive Agents	
<i>Copay = \$22</i> Exforge (valsartan / amlodipine)	<i>Copay = \$9</i> Amlodipine with the following (requires 2 prescriptions): Micardis (telmisartan) Cozaar (losartan) Atacand (candesartan) Azor (olmesartan / amlodipine)

Non-formulary (Tier 3) medications remain available to you, but at a higher copay of \$22 (unless you are on Active duty). Since Active Duty Service Members do not pay copays, non-formulary products are available only when they are determined to be medically necessary. We encourage you to talk to your health care provider about using one of the formulary agents.

Would you like to save even more money? TRICARE Mail Order Pharmacy (TMOP) home delivery offers you a three-month supply for the cost of a one-month supply at a retail pharmacy. Using TMOP also lowers costs for DoD, which helps sustain your benefit. It's easier than ever to switch! Just call the Member Choice Center at (877) 363-1433, or use the Web site at www.express-scripts.com/TRICARE and your eligible prescriptions will be delivered right to your home.

Sincerely,



Elder Granger
 Major General, MC, USA
 Deputy Director